

VOGUE

INDIA

AUG
2016
₹150

**THE
VOGUE
BEAUTY
AWARDS
2016**
Meet the
winners

**YOUR ULTIMATE
GUIDE TO
DAZZLING
TIMEPIECES**

**THE
AGELESS
ISSUE**

What Ayurveda
can do for you

Secrets of
skin doctors

The only
treatment
to try

all in the
FAMILY

Cindy Crawford, daughter Kaia
and the power of good genes



BIRD-WATCHING HAVEN

If you've always wanted to see exotic, migratory birds, head off on a four-day bird-watching trip with Goa Tourism along the Western Ghats forests of Bondla and Bagwan Mahavir Wildlife Sanctuaries. This trip also includes a boat safari in River Zuari and Marina/ Carambolim Lake.

CLIMB AND RAPPEL

Test your stamina and enjoy an adrenaline rush with artificial rock-climbing and rappelling in Goa during the monsoons. While artificial rock-climbing happens in a safe and supervised environment, a trained rappelling instructor will brief you on the techniques.

LAZY AFTERNOON AT AN AROMATIC SPICE STATE

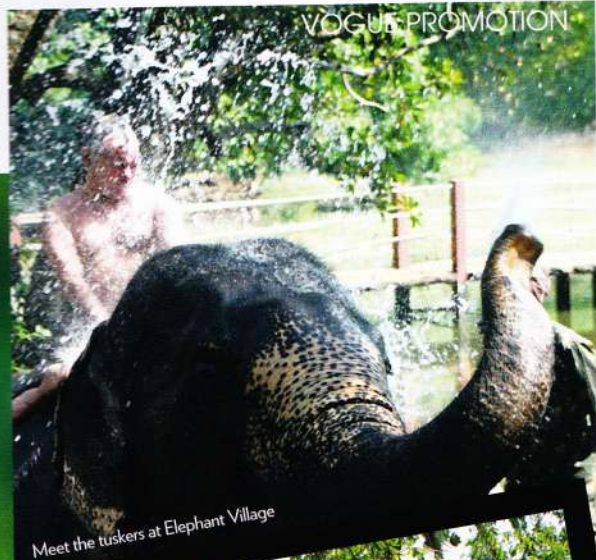
The tropical spice farms of Goa are lush with different shades of green in the monsoons. At the NV Eco Farm at Dharbandora, browse black pepper, cardamom, nutmeg, cinnamon, cloves, ashew, betel nut and palm plantations. Enjoy an authentic Goan lunch, unwind at their podiac Garden and plunge into their fresh water pond.

WAR OF THE RAPIDS

Unlike the other sports, river rafting is at its zenith during the monsoon season, when the rivers are swollen from the heavy rains. Sign up with Southern River Adventures who organises rafting trips down Mahadei River. After a briefing, you will embark in a raft down a 10km stretch of numerous rapids. If you've done this before, the Big Daddy, Giant Haystacks and Pipeline rapids will provide the thrill you've been looking for. Rafting tours happen twice a day, every day. The morning tour begins at 9.30am and the afternoon expedition starts at 2.30pm.



Bird-watching at Bhagwan Mahavir Wildlife Sanctuaries



Meet the tuskers at Elephant Village

CRUISE THE RIVER

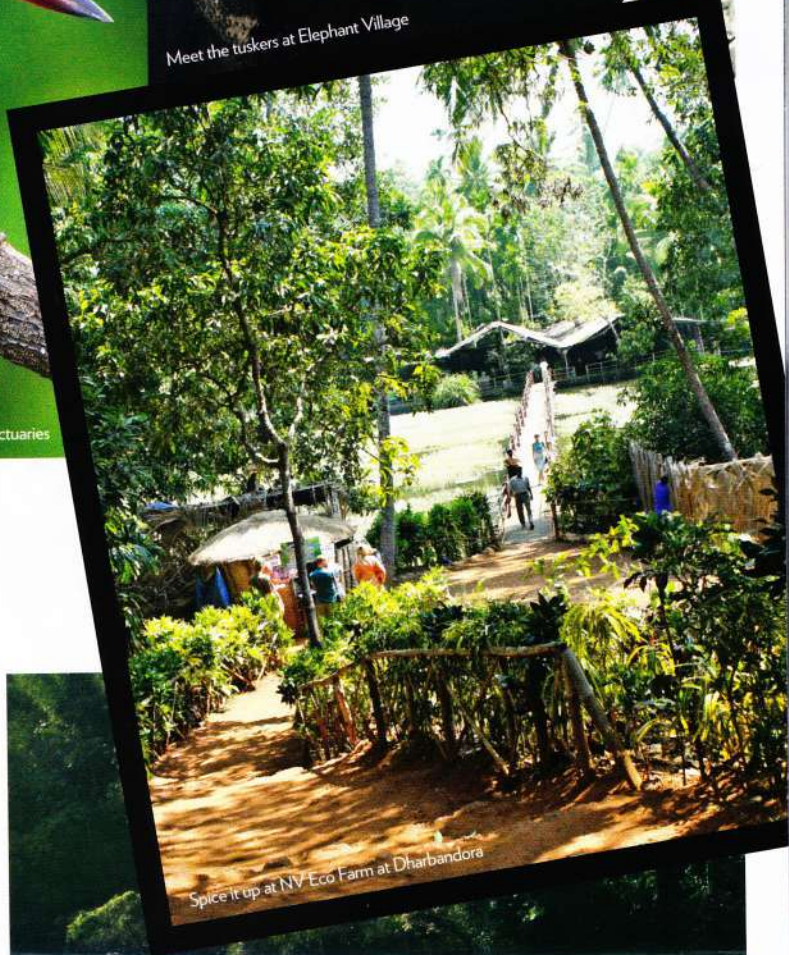
Take off on a romantic cruise along the Mandovi River. Apart from scenic vistas all the way up to the Aguada hill, the cruises have on-board cultural entertainment and drink counters. You can also opt for a two-hour dinner cruise or an all-day backwater cruise.

For reservations, call +91 832 2438830/31 or email reservations@goa-tourism.com. Visit: www.goa-tourism.com; [f](#) officialgoatourism; [t](#) @TourismGoa

To download the app



GOA



Spice it up at NV Eco Farm at Dharbandora



Battle the rapids of Mahadei River